

# Eating Behavior Survey



Day/Date \_\_\_\_\_

Meal/Time: \_\_\_\_\_

Cooked/Prepared  Microwave  Eaten w/Hands

Food/Beverage: \_\_\_\_\_

Bought RTE  Cost: \$ \_\_\_\_\_

\_\_\_\_\_

Where Eaten: \_\_\_\_\_

\_\_\_\_\_

Activity: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Alone: Y / N

Meal/Time: \_\_\_\_\_

Cooked/Prepared  Microwave  Eaten w/Hands

Food/Beverage: \_\_\_\_\_

Bought RTE  Cost: \$ \_\_\_\_\_

\_\_\_\_\_

Where Eaten: \_\_\_\_\_

\_\_\_\_\_

Activity: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Alone: Y / N

Meal/Time: \_\_\_\_\_

Cooked/Prepared  Microwave  Eaten w/Hands

Food/Beverage: \_\_\_\_\_

Bought RTE  Cost: \$ \_\_\_\_\_

\_\_\_\_\_

Where Eaten: \_\_\_\_\_

\_\_\_\_\_

Activity: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Alone: Y / N

Meal/Time: \_\_\_\_\_

Cooked/Prepared  Microwave  Eaten w/Hands

Food/Beverage: \_\_\_\_\_

Bought RTE  Cost: \$ \_\_\_\_\_

\_\_\_\_\_

Where Eaten: \_\_\_\_\_

\_\_\_\_\_

Activity: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Alone: Y / N

Food Shopping Location/Time: \_\_\_\_\_

\_\_\_\_\_

Notes: \_\_\_\_\_